

Myers Briggs Personality Type Interpretation

ESTJ

The Guardian

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The following interpretation is based on the results of the MBTI Personality test you participated in. The test was first published in 1943 and has been used by many institutions and therapists the world over. The purpose for using this test in my coaching is to help both of us to get an objective snapshot your personality and which strengths to play to as well as what areas need some strength training.

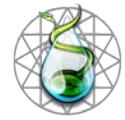
Please take time to carefully read through each point and remember that the purpose of participating in this test is to bring to light what personality traits shape your approach to navigating life. Bear in mind the results are not about if you are doing things right or wrong, it is to shed light upon the personality traits that have either helped or inhibited you in achieving your goals.

Though the MBTI is considered by most to be very accurate you may read through the interpretation and perceive characteristics you may not see in yourself. With the traits you do not resonate with it may be that they are not present or not fully expressed either way it is fine.

The characteristics that you can easily identify should be seen as a snapshot of your personality. The results of the test are to be used as a stepping off point. I can't stress enough that the results are not hard and fast nor are they a place to become stuck. As you evolve you will find traits that were once considered weaknesses have, through your effort, morphed into strengths.

After reading the interpretation please take time to fill in the boxes provided on the interpretation page with as many strengths and weaknesses that you feel are accurately identified by the test. When you have done this we will discuss your feelings about your observations.

*****A more in depth and comprehensive interpretation based on your results is available upon request. You may find it helpful to have the results more intensely defined in a one on one session.**



The Guardian

Jungian functional preference ordering:

Dominant: Extraverted Thinking

Auxiliary: Introverted Sensing

Tertiary: Extraverted Intuition

Inferior: Introverted Feeling

ESTJ's generally have the following traits:

Natural leaders - they like to be in charge

Value security and tradition, Loyal

Hard-working and dependable

Athletic and wholesome

Have a clear set of standards and beliefs which they live by

No patience with incompetence or inefficiency

Excellent organizational abilities

Enjoy creating order and structure very thorough

Will follow projects through to completion

Straight-forward and honest

Driven to fulfill their duties

ESTJ Weaknesses

Tendency to believe that they are always right

Tendency to need to always be in charge

Impatient with inefficiency and sloppiness

Not naturally in tune with what others are feeling

Not naturally good at expressing their feelings and emotions

May inadvertently hurt others with insensitive language

Tendency to be materialistic and status-conscious

ESTJ Strengths

Generally enthusiastic, upbeat and friendly

Stable and dependable, they can be counted on to promote security for their families

Put forth a lot of effort to fulfill their duties and obligations

Responsible about taking care of day-to-day practical concerns around the house

Usually good (albeit conservative) with money

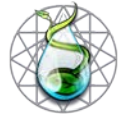
Not personally threatened by conflict or criticism, interested in resolving conflict, rather than ignoring it

Take their commitments very seriously, and seek lifelong relationships

Able to move on after a relationship breaks up, able to administer discipline when necessary

Generally uncomfortable with change, and moving into new territories

ESTJ	
Please enter your perceived strengths and weaknesses.	
Strength	Weakness



NOTES

Lined area for notes, consisting of multiple horizontal lines.