Myers Briggs Personality Type Interpretation



The Thinker

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The following interpretation is based on the results of the MBTI Personality test you participated in. The test was first published in 1943 and has been used by many institutions and therapists the world over. The purpose for using this test in my coaching is to help both of us to get an objective snapshot your personality and which strengths to play to as well as what areas need some strength training.

Please take time to carefully read through each point and remember that the purpose of participating in this test is to bring to light what personality traits shape your approach to navigating life. Bear in mind the results are not about if you are doing things right or wrong, it is to shed light upon the personality traits that have either helped or inhibited you in achieving your goals.

Though the MBTI is considered by most to be very accurate you may read through the interpretation and perceive characteristics you may not see in yourself. With the traits you do not resonate with it may be that they are not present or not fully expressed either way it is fine.

The characteristics that you can easily identify should be seen as a snapshot of your personality. The results of the test are to be used as a stepping off point. I can't stress enough that the results are not hard and fast nor are they a place to become stuck. As you evolve you will find traits that were once considered weaknesses have, through your effort, morphed into strengths.

After reading the interpretation please take time to fill in the boxes provided on the interpretation page with as many strengths and weaknesses that you feel are accurately identified by the test. When you have done this we will discuss your feelings about your observations.

\*\*\*A more in depth and comprehensive interpretation based on your results is available upon request. You may find it helpful to have the results more intensely defined in a one on one session.



# The Thinker

#### Jungian functional preference ordering:

Dominant: Introverted Thinking Auxiliary: Extraverted Intuition Tertiary: Introverted Sensing Inferior: Extraverted Feeling

## INTP's generally have the following traits:

Love theory and abstract ideas

Truth Seekers - they want to understand things by analyzing underlying principles and structures
Value knowledge and competence above all else
Have very high standards for performance, which they apply to themselves

Independent and original, possibly eccentric

Work best alone, and value autonomy

Have no desire to lead or follow

Dislike mundane detail

Not particularly interested in the practical application of their work, creative and insightful

Future-oriented, usually brilliant and ingenious

Trust their own insights and opinions above others

Live primarily inside their own minds, and may appear to

be detached and uninvolved with other people

### **INTP Strengths**

They feel love and affection for those close to them which is almost childlike in its purity

Generally laid-back and easy-going, willing to defer to their mates

Approach things which interest them very enthusiastically

Richly imaginative and creative

Do not feel personally threatened by conflict or criticism, usually are not demanding, with simple daily needs

#### **INTP Weaknesses**

Not naturally in tune with others' feelings; slow to respond to emotional needs

Not naturally good at expressing their own feelings and emotions

Tend to be suspicious and distrusting of others

Not usually good at practical matters, such as money management, unless their work involves these concerns They have difficulty leaving bad relationships

Tend to "blow off" conflict situations by ignoring them, or else they "blow up" in heated anger

Please enter your perceived strengths and weaknesses.	

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# NOTES

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