Myers Briggs Personality Type Interpretation



The Doer

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The following interpretation is based on the results of the MBTI Personality test you participated in. The test was first published in 1943 and has been used by many institutions and therapists the world over. The purpose for using this test in my coaching is to help both of us to get an objective snapshot your personality and which strengths to play to as well as what areas need some strength training.

Please take time to carefully read through each point and remember that the purpose of participating in this test is to bring to light what personality traits shape your approach to navigating life. Bear in mind the results are not about if you are doing things right or wrong, it is to shed light upon the personality traits that have either helped or inhibited you in achieving your goals.

Though the MBTI is considered by most to be very accurate you may read through the interpretation and perceive characteristics you may not see in yourself. With the traits you do not resonate with it may be that they are not present or not fully expressed either way it is fine.

The characteristics that you can easily identify should be seen as a snapshot of your personality. The results of the test are to be used as a stepping off point. I can't stress enough that the results are not hard and fast nor are they a place to become stuck. As you evolve you will find traits that were once considered weaknesses have, through your effort, morphed into strengths.

After reading the interpretation please take time to fill in the boxes provided on the interpretation page with as many strengths and weaknesses that you feel are accurately identified by the test. When you have done this we will discuss your feelings about your observations.

***A more in depth and comprehensive interpretation based on your results is available upon request. You may find it helpful to have the results more intensely defined in a one on one session.



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Jungian functional preference ordering:

Dominant: Extraverted Sensing Auxiliary: Introverted Thinking Tertiary: Extraverted Feeling Inferior: Introverted Intuition

ESTP's generally have the following traits:

Action-oriented, live in the present moment
Dislike abstract theory without practical application
Like to see immediate results for their efforts
Fast-paced and energetic

Flexible and adaptable, resourceful
Seldom work from a plan - make things up as they go
Fun to be around, good-natured
Excellent memory for details, excellent people skills
Excellent ability to see an immediate problem and

quickly devise a solution

Attracted to adventure and risk may be flashy or showy

ESTP Strengths

Like initiating things - not necessarily following them through to completion

Can be quite charming, witty, clever, and popular

Earthy and sensual, not personally threatened by conflict or criticism. Highly observant

ESTP Please enter your perceived strengths and weaknesses.		
Strength	Weakness	

ESTP Weaknesses

Not naturally in tune with what others are feeling not naturally good at expressing feelings and emotions May inadvertently hurt others with insensitive language

May be very good with money, but highly risky with it as well

Living in the present, they're not usually good long-range planners

May fall into the habit of ignoring conflict, rather than solving it

Don't naturally make lifelong commitments - they take things one day at a time

Prone to get bored easily, more likely than other type to leave relationships quickly when they get bored

Likely to enjoy lavishing their loved ones with big gifts (both a strength and a weakness)

Excellent and clear-headed dealing with emergency situations

Enthusiastic and fun-loving, they try to make everything enjoyable

As "big kids" themselves, they're eager, willing and able to spend time with their kids

Likely to enjoy lavishing their loved ones with big gifts (both strength and a weakness)



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